

Working at Heights and Confined Space Safety

Health, Safety and Environment (HSE)

Course Overview

Working at Heights and Confined Space Safety: a 5-day professional training course from LTC Consultants, delivered in-classroom across Africa and live online.

What You Will Achieve

- Explain the core principles and current good practice in Working at Heights and Confined Space Safety
- Apply practical tools and techniques for Working at Heights and Confined Space Safety in your own organisation
- Analyse real-world scenarios and select the right approach with confidence
- Avoid the common pitfalls that undermine Working at Heights and Confined Space Safety in practice
- Build a personal action plan to implement what you have learned

Who Should Attend

HSE managers and officers, operations and site managers, supervisors, safety representatives and anyone accountable for workplace safety.

Course Outline

1. Foundations of Working at Heights and Confined Space Safety: principles, terminology and context
2. The business case: why Working at Heights and Confined Space Safety matters to performance
3. Core tools, frameworks and methods
4. Applying the tools: guided case study and exercises
5. Common pitfalls and how experienced practitioners avoid them
6. Working with stakeholders: communication and influence
7. Measuring results and continuous improvement
8. Personal action planning and course review

Upcoming Dates and Fees

DATES	VENUE	FEE (PER DELEGATE)
28 Sep to 2 Oct 2026	Accra	\$1,395
5 to 9 Oct 2026	Online	\$800
12 to 16 Oct 2026	Johannesburg	\$1,650
19 to 23 Oct 2026	Durban	\$1,650
26 to 30 Oct 2026	Lagos	\$1,395
9 to 13 Nov 2026	Pretoria	\$1,550
16 to 20 Nov 2026	Harare	\$1,650

23 to 27 Nov 2026	Cairo	\$1,550
30 Nov to 4 Dec 2026	Windhoek	\$1,395
7 to 11 Dec 2026	Dar es Salaam	\$1,450

LTC Consultants

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Every delegate receives a Certificate of Attendance. Group and in-house rates available on request.