

Train the Trainer

Human Resource (HR) Management

Course Overview

Train the Trainer: a 5-day professional training course from LTC Consultants, delivered in-classroom across Africa and live online.

What You Will Achieve

- Design training sessions structured around adult learning principles
- Write learning objectives that shape content instead of decorating it
- Deliver with confidence: voice, presence, pace and participation
- Handle difficult moments (dominators, silence, scepticism) professionally
- Evaluate training beyond the happy sheet

Who Should Attend

Subject-matter experts asked to train others, new trainers and facilitators, HR and learning professionals, and supervisors responsible for on-the-job instruction.

Course Outline

1. How adults learn, and how they refuse to
2. From content to design: objectives, structure, timing
3. Openings that earn attention in five minutes
4. Delivery skills lab: voice, body, visuals
5. Activity design: practice beats presentation
6. Managing the room: difficult participants and energy dips
7. Assessment and evaluation: did learning happen?
8. Final practicum: delivery, camera review and feedback

Upcoming Dates and Fees

DATES	VENUE	FEE (PER DELEGATE)
2 to 6 Nov 2026	Kampala	\$1,650
9 to 13 Nov 2026	Johannesburg	\$1,395
16 to 20 Nov 2026	Durban	\$1,550
23 to 27 Nov 2026	Accra	\$1,550
30 Nov to 4 Dec 2026	Online	\$750

LTC Consultants

Suite 601, Block 2, Monument Office Park, 79 Steenbok Ave, Monument Park, Pretoria, 0181, South Africa
+27 68 403 2806 | info@ltcconsultants.net | ltcconsultant.co.za

Every delegate receives a Certificate of Attendance. Group and in-house rates available on request.