

Self Contained Self Rescuer and Lamp Room Management

Mining Engineering

Course Overview

Self Contained Self Rescuer and Lamp Room Management: a 5-day professional training course from LTC Consultants, delivered in-classroom across Africa and...

What You Will Achieve

- Explain the core principles and current good practice in Self Contained Self Rescuer and Lamp Room Management
- Apply practical tools and techniques for Self Contained Self Rescuer and Lamp Room Management in your own organisation
- Analyse real-world scenarios and select the right approach with confidence
- Avoid the common pitfalls that undermine Self Contained Self Rescuer and Lamp Room Management in practice
- Build a personal action plan to implement what you have learned

Who Should Attend

Directors, senior managers, heads of department, team leaders and high-potential professionals preparing for greater leadership responsibility.

Course Outline

1. Foundations of Self Contained Self Rescuer and Lamp Room Management: principles, terminology and context
2. The business case: why Self Contained Self Rescuer and Lamp Room Management matters to performance
3. Core tools, frameworks and methods
4. Applying the tools: guided case study and exercises
5. Common pitfalls and how experienced practitioners avoid them
6. Working with stakeholders: communication and influence
7. Measuring results and continuous improvement
8. Personal action planning and course review

Upcoming Dates and Fees

DATES	VENUE	FEE (PER DELEGATE)
14 to 18 Sep 2026	Windhoek	\$1,550
28 Sep to 2 Oct 2026	Dar es Salaam	\$1,450
5 to 9 Oct 2026	Online	\$800

19 to 23 Oct 2026	Gaborone	\$1,550
26 to 30 Oct 2026	Kigali	\$1,650
9 to 13 Nov 2026	Cape Town	\$1,650
16 to 20 Nov 2026	Lusaka	\$1,395
30 Nov to 4 Dec 2026	Maputo	\$1,550
7 to 11 Dec 2026	Johannesburg	\$1,450

LTC Consultants

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Every delegate receives a Certificate of Attendance. Group and in-house rates available on request.