Occupational Hygiene and Exposure Monitoring

Health, Safety and Environment (HSE)

Course Overview

Occupational Hygiene and Exposure Monitoring: a 5-day professional training course from LTC Consultants, delivered in-classroom across Africa and live online.

What You Will Achieve

- Explain the core principles and current good practice in Occupational Hygiene and Exposure Monitoring
- Apply practical tools and techniques for Occupational Hygiene and Exposure Monitoring in your own organisation
- Analyse real-world scenarios and select the right approach with confidence
- Avoid the common pitfalls that undermine Occupational Hygiene and Exposure Monitoring in practice
- Build a personal action plan to implement what you have learned

Who Should Attend

HSE managers and officers, operations and site managers, supervisors, safety representatives and anyone accountable for workplace safety.

Course Outline

1. Foundations of Occupational Hygiene and Exposure Monitoring: principles, terminology and context
2. The business case: why Occupational Hygiene and Exposure Monitoring matters to performance
3. Core tools, frameworks and methods
4. Applying the tools: guided case study and exercises
5. Common pitfalls and how experienced practitioners avoid them
6. Working with stakeholders: communication and influence
7. Measuring results and continuous improvement
8. Personal action planning and course review

Upcoming Dates and Fees

DATES	VENUE	FEE (PER DELEGATE)
2 to 6 Nov 2026	Dar es Salaam	**$1,550**
16 to 20 Nov 2026	Gaborone	**$1,650**
23 to 27 Nov 2026	Kigali	**$1,650**
7 to 11 Dec 2026	Cape Town	**$1,650**

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Every delegate receives a Certificate of Attendance. Group and in-house rates available on request.