

Occupational Health and Employee Wellness Programme Management

Healthcare Management

Course Overview

Occupational Health and Employee Wellness Programme Management: a 5-day professional training course from LTC Consultants, delivered in-classroom across...

What You Will Achieve

- Explain the core principles and current good practice in Occupational Health and Employee Wellness Programme Management
- Apply practical tools and techniques for Occupational Health and Employee Wellness Programme Management in your own organisation
- Analyse real-world scenarios and select the right approach with confidence
- Avoid the common pitfalls that undermine Occupational Health and Employee Wellness Programme Management in practice
- Build a personal action plan to implement what you have learned

Who Should Attend

Directors, senior managers, heads of department, team leaders and high-potential professionals preparing for greater leadership responsibility.

Course Outline

1. Foundations of Occupational Health and Employee Wellness Programme Management: principles, terminology and context
2. The business case: why Occupational Health and Employee Wellness Programme Management matters to performance
3. Core tools, frameworks and methods
4. Applying the tools: guided case study and exercises
5. Common pitfalls and how experienced practitioners avoid them
6. Working with stakeholders: communication and influence
7. Measuring results and continuous improvement
8. Personal action planning and course review

Upcoming Dates and Fees

DATES	VENUE	FEE (PER DELEGATE)
21 to 25 Sep 2026	Online	\$700
28 Sep to 2 Oct 2026	Pretoria	\$1,395
5 to 9 Oct 2026	Windhoek	\$1,650

19 to 23 Oct 2026	Dar es Salaam	\$1,550
26 to 30 Oct 2026	Gaborone	\$1,395
2 to 6 Nov 2026	Kigali	\$1,550
9 to 13 Nov 2026	Cape Town	\$1,650
23 to 27 Nov 2026	Lusaka	\$1,450
30 Nov to 4 Dec 2026	Maputo	\$1,450
7 to 11 Dec 2026	Johannesburg	\$1,395

LTC Consultants

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Every delegate receives a Certificate of Attendance. Group and in-house rates available on request.