Maximizing Mental Agility

Creativity and Innovation

Course Overview

Maximizing Mental Agility: a 5-day professional training course from LTC Consultants, delivered in-classroom across Africa and live online.

What You Will Achieve

- Explain the core principles and current good practice in Maximizing Mental Agility
- Apply practical tools and techniques for Maximizing Mental Agility in your own organisation
- Analyse real-world scenarios and select the right approach with confidence
- Avoid the common pitfalls that undermine Maximizing Mental Agility in practice
- Build a personal action plan to implement what you have learned

Who Should Attend

Professionals, specialists and managers at every level who want to strengthen this capability and apply it with confidence at work.

Course Outline

1. Foundations of Maximizing Mental Agility: principles, terminology and context
2. The business case: why Maximizing Mental Agility matters to performance
3. Core tools, frameworks and methods
4. Applying the tools: guided case study and exercises
5. Common pitfalls and how experienced practitioners avoid them
6. Working with stakeholders: communication and influence
7. Measuring results and continuous improvement
8. Personal action planning and course review

Upcoming Dates and Fees

DATES	VENUE	FEE (PER DELEGATE)
9 to 13 Nov 2026	Pretoria	**$1,395**
16 to 20 Nov 2026	Gaborone	**$1,450**
23 to 27 Nov 2026	Kigali	**$1,550**
30 Nov to 4 Dec 2026	Online	**$700**
7 to 11 Dec 2026	Cape Town	**$1,450**

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Every delegate receives a Certificate of Attendance. Group and in-house rates available on request.