Manual Handling and Ergonomics for Underground Mine Workers

Mining Engineering

Course Overview

Manual Handling and Ergonomics for Underground Mine Workers: a 5-day professional training course from LTC Consultants, delivered in-classroom across Africa...

What You Will Achieve

- Explain the core principles and current good practice in Manual Handling and Ergonomics for Underground Mine Workers
- Apply practical tools and techniques for Manual Handling and Ergonomics for Underground Mine Workers in your own organisation
- Analyse real-world scenarios and select the right approach with confidence
- Avoid the common pitfalls that undermine Manual Handling and Ergonomics for Underground Mine Workers in practice
- Build a personal action plan to implement what you have learned

Who Should Attend

Engineers, technicians, maintenance professionals and technical managers responsible for assets, plant and infrastructure.

Course Outline

1. Foundations of Manual Handling and Ergonomics for Underground Mine Workers: principles, terminology and context
2. The business case: why Manual Handling and Ergonomics for Underground Mine Workers matters to performance
3. Core tools, frameworks and methods
4. Applying the tools: guided case study and exercises
5. Common pitfalls and how experienced practitioners avoid them
6. Working with stakeholders: communication and influence
7. Measuring results and continuous improvement
8. Personal action planning and course review

Upcoming Dates and Fees

DATES	VENUE	FEE (PER DELEGATE)
16 to 20 Nov 2026	Cairo	**$1,650**
7 to 11 Dec 2026	Windhoek	**$1,450**

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Every delegate receives a Certificate of Attendance. Group and in-house rates available on request.