Leading Team Wellbeing and Preventing Collective Burnout

Management and Leadership

Course Overview

Leading Team Wellbeing and Preventing Collective Burnout: a 5-day professional training course from LTC Consultants, delivered in-classroom across Africa and...

What You Will Achieve

- Explain the core principles and current good practice in Leading Team Wellbeing and Preventing Collective Burnout
- Apply practical tools and techniques for Leading Team Wellbeing and Preventing Collective Burnout in your own organisation
- Analyse real-world scenarios and select the right approach with confidence
- Avoid the common pitfalls that undermine Leading Team Wellbeing and Preventing Collective Burnout in practice
- Build a personal action plan to implement what you have learned

Who Should Attend

Directors, senior managers, heads of department, team leaders and high-potential professionals preparing for greater leadership responsibility.

Course Outline

1. Setting the scene: Leading Team Wellbeing and Preventing Collective Burnout in today's organisation
2. Key concepts and the language of Leading Team Wellbeing and Preventing Collective Burnout
3. Frameworks and good practice that deliver results
4. Hands-on application: workshop exercises and cases
5. Problem-solving clinic: participants' real challenges
6. Integrating Leading Team Wellbeing and Preventing Collective Burnout with day-to-day operations
7. Reporting, metrics and demonstrating value
8. Action planning: your first 90 days after the course

Upcoming Dates and Fees

DATES	VENUE	FEE (PER DELEGATE)
2 to 6 Nov 2026	Online	**$750**
9 to 13 Nov 2026	Windhoek	**$1,650**
16 to 20 Nov 2026	Dar es Salaam	**$1,450**
23 to 27 Nov 2026	Gaborone	**$1,450**
30 Nov to 4 Dec 2026	Kigali	**$1,450**

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Every delegate receives a Certificate of Attendance. Group and in-house rates available on request.