Leadership Sprint: An Intensive for Time-Pressed Managers

Management and Leadership

Course Overview

Leadership Sprint: An Intensive for Time-Pressed Managers: a 5-day professional training course from LTC Consultants, delivered in-classroom across Africa and...

What You Will Achieve

- Identify your default leadership style and its blind spots under pressure
- Delegate work at the right level with follow-up that doesn't become micromanagement
- Open, steer and close a difficult conversation using a repeatable structure
- Make faster decisions by matching the decision method to the stakes
- Leave with a one-page personal leadership plan for the next 90 days

Who Should Attend

Managers and team leaders at any level who need a rigorous leadership refresher but cannot commit to a full-week programme, including operational managers, professionals newly promoted, and owner-managers.

Course Outline

1. The mirror first: rapid self-assessment and feedback exercise
2. What your team actually needs from you: clarity, consistency, cover
3. Delegation levels and the follow-up contract
4. The difficult conversation lab: practice with real scenarios
5. Decision-making under time pressure: methods and traps
6. Managing up and sideways in the time you don't have
7. Energy and attention management for leaders
8. The 90-day sprint plan: commitments and accountability partners

Upcoming Dates and Fees

DATES	VENUE	FEE (PER DELEGATE)
2 to 6 Nov 2026	Johannesburg	**$1,550**
9 to 13 Nov 2026	Cape Town	**$1,450**
16 to 20 Nov 2026	Nairobi	**$1,650**
23 to 27 Nov 2026	Kampala	**$1,395**
30 Nov to 4 Dec 2026	Durban	**$1,650**

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Every delegate receives a Certificate of Attendance. Group and in-house rates available on request.