Heat Stress and Thermal Comfort Management

Health, Safety and Environment (HSE)

Course Overview

Heat Stress and Thermal Comfort Management: a 5-day professional training course from LTC Consultants, delivered in-classroom across Africa and live online.

What You Will Achieve

- Explain the core principles and current good practice in Heat Stress and Thermal Comfort Management
- Apply practical tools and techniques for Heat Stress and Thermal Comfort Management in your own organisation
- Analyse real-world scenarios and select the right approach with confidence
- Avoid the common pitfalls that undermine Heat Stress and Thermal Comfort Management in practice
- Build a personal action plan to implement what you have learned

Who Should Attend

Directors, senior managers, heads of department, team leaders and high-potential professionals preparing for greater leadership responsibility.

Course Outline

1. Setting the scene: Heat Stress and Thermal Comfort Management in today's organisation
2. Key concepts and the language of Heat Stress and Thermal Comfort Management
3. Frameworks and good practice that deliver results
4. Hands-on application: workshop exercises and cases
5. Problem-solving clinic: participants' real challenges
6. Integrating Heat Stress and Thermal Comfort Management with day-to-day operations
7. Reporting, metrics and demonstrating value
8. Action planning: your first 90 days after the course

Upcoming Dates and Fees

DATES	VENUE	FEE (PER DELEGATE)
2 to 6 Nov 2026	Cape Town	**$1,450**
9 to 13 Nov 2026	Lusaka	**$1,550**
16 to 20 Nov 2026	Maputo	**$1,550**
23 to 27 Nov 2026	Johannesburg	**$1,450**
30 Nov to 4 Dec 2026	Nairobi	**$1,450**

LTC Consultants
Suite 601, Block 2, Monument Office Park, 79 Steenbok Ave, Monument Park, Pretoria, 0181, South Africa
+27 68 403 2806 | info@ltcconsultants.net | ltcconsultant.co.za
Every delegate receives a Certificate of Attendance. Group and in-house rates available on request.